



# HEALINGCODESHOP.COM

## Youth Body Theme Instructions

When you receive your Youth Body apparel:

1 – Wear your apparel first **before** you work with the Healing Codes. As you do this, the Healing Codes can now be commanded by you. Healing Codes cannot be commanded if the apparel is not worn and will work as you wear it.

2 – Amplify your Healing Codes:

- When wearing your apparel, place either your left or right hand upon the symbol of the apparel. Amplification works on a scale from 0 - 100%. You can also reverse amplify your apparel as well.
- With your hand upon the symbol, say the following below verbatim (word for word exactly):
  - “Youth body, **increase** your amplification by (*desired*) percent. Apply.”
  - Or, “Youth body, **decrease** your amplification by (*desired*) percent. Apply.”
  - Or, “Youth body, reset your amplification to 0 percent. Apply.”
- When you amplify your apparel, take a few moments to feel the energy of the Healing Codes around your body. Some may feel this, some may not, but nonetheless, the Healing Codes are working on your body.
- You can also turn the Healing Codes within the symbol off or on. Say the following below verbatim (word for word exactly):
  - “Youth body, turn healing codes off. Apply.”
  - Or, “Youth body, turn healing codes on. Apply.”

*Questions? Please feel free to contact us on [www.healingcodeshop.com](http://www.healingcodeshop.com). Enjoy your item and thank you again!*